



ANNUAL REPORT 2025



LETTER FROM THE EXECUTIVE DIRECTOR: TONY VEZINA



For over a decade, 4D Recovery has cultivated recovery center drop-in spaces that help young people with addiction achieve long-term recovery through mentoring and connection to community. In April 2020, we launched street outreach services to educate the homeless on updated policies for accessing treatment due to COVID-19 mandates, and we built upon these efforts in the years that followed. This allowed us to assist individuals in beginning their treatment journey and to continue supporting them throughout their lifelong recovery process.

While I am incredibly proud of what the 4D Recovery team has accomplished and deeply grateful for everyone who has supported our mission, in recent years staff, parents, supporters, and most importantly, our clients, have implored us to do more – and we have met that call with spirit, grit, and strategy.

We expanded our geographic footprint along the I-5 corridor, opening new services in Oregon, including Medford, Bend, and Salem. Excitingly, we also fulfilled a promise I made to the late Nick Smit, a mentor and long-time supporter of 4D, by opening services in his home state of Washington.

Honoring the commitments I made last year, 4D Recovery launched adolescent and family substance use treatment services on March 12th of this year. That day also happened to be my birthday, and I was at the Oregon Legislature giving invited testimony to key legislators with recommendations to address the inadequate adolescent addiction system in Oregon. To me, this was no coincidence. It was a clear sign that my journey and our efforts are aligned with something greater than myself – and that something is 4D Recovery.

Tony Vezina



OUR MISSION

To provide—in partnership with systems, communities, and individuals—comprehensive services that help adolescents, young adults, and families recover from substance use disorders.

OUR VISION

4D envisions a future where systems, communities, and individuals work together ensuring all people receive the support needed to find and sustain recovery from substances.



We have found much of heaven and we have been rocketed into a *Fourth Dimension* of existence of which we had not even dreamed.



OREGON EXPANSIONS

To meet the growing need of Oregon's young recovering community, 4D has expanded to Clinical Treatment and additional Recovery Supportive Housing.



4D's 40-unit facility, which celebrated its ribbon cutting on September 6, 2024, will help keep people using drugs out of jail by increasing access to recovery housing and providing individuals about one year to work on abstaining from drugs as they build independence and self-sufficiency. The program supports people graduating from residential treatment who commit to remaining sober, attending life-skills groups, finding community in recovery, and securing employment.

40 UNIT SOBER LIVING

35

People have been housed

17

Currently living in building

65%

Enrolled In 4D's Outpatient



In November of 2024, 4D opened its first outpatient addiction treatment facility in SE Portland. This program is connected to three different transitional recovery housing programs, our drop-in recovery center, and our street out and public safety-focused deflection programs. This model allows us to intervene on people through outreach, stabilize them in addiction and mental health treatment connected to housing, and support them long-term through our recovery center.

YOUNG ADULT OUTPATIENT TREATMENT

245

Assessments Completed (Nov 24-Sept 25)

7

Graduating Clients

120

Have Enrolled & Attended at least 1 group

45

Assessments resulting from street outreach, **10 enrolling into services**

OREGON EXPANSIONS



**RECOVERY
COMMUNITY CENTERS
IN MEDFORD, & BEND
OREGON**



On March 12, 2025, we welcomed our first adolescent outpatient addiction treatment groups—coincidentally on our Executive Director’s 13th-year sobriety birthday! That same day, he was at the Oregon Legislative Assembly providing expert testimony on improving treatment access for adolescents and families. This program, connected to our drop-in recovery center, uses a multidisciplinary team approach to provide coordinated addiction and mental health services.

ADOLESCENT OUTPATIENT TREATMENT

Since opening, we have completed 62 assessments and currently have **29 adolescents enrolled in treatment.**



On August 28, 2025- Discovery Academy and 4D Recovery celebrated the grand opening of Oregon’s first co-located Recovery High School and Youth Recovery Community Center at 3710 Portland Rd NE in Salem.

This groundbreaking partnership provides students ages 14–21 with a full academic program, peer recovery mentorship, behavioral health services, and a safe, supportive community—all under one roof. Together, Discovery Academy and 4D Recovery are creating a model that ensures young people don’t have to choose between school and recovery.

They can have both.

CO-LOCATED RECOVERY HIGHSCHOOL & 4D RECOVERY COMMUNITY CENTER

“The support level we provide has allowed students to show their true abilities, achieve academically, and recover. Having 4D Recovery in the same space means our students have educational, peer recovery, and clinical services right at their fingertips.”

-Discovery principal, Max Preminger

WASHINGTON EXPANSIONS



In 2023, 4D launched an initiative to expand services for young adults to Clark County. With the generous support of Kaiser Permanente, PeaceHealth of SW WA, and the Mental Health Sales Tax Grant, 4D was able to open its doors on July 11th, 2025.

4D Recovery now operates its very first Recovery Community Center in Vancouver WA, offering peer services to young adults 18-35.

33

Clients
Currently
Enrolled

6

New
Recovery
Meetings

One of our strongest partnerships so far is the Clark County Jail's Re-Entry Program, where we connect with individuals while they are still in custody, helping them transition successfully back into the community. **36% of all referrals have come directly from the jail program.**

OUR HOMECOMING MOMENT

It was no coincidence that 4D opened its doors in Vancouver, WA. For us, it was a true homecoming. Many on our leadership team—three of whom were directly involved in making this initiative happen—have deep roots in the Vancouver area.

Our Executive Director, Tony Vezina, grew up in Camas. As a teenager, he experienced a drug overdose that landed him in PeaceHealth's emergency department—the same hospital that now partners with 4D to support young people in recovery.

Elton Frice, our Director of Development, also grew up in Vancouver. Her addiction began here as a teenager, and when she couldn't find the community support she needed locally, she drove across the river every week to attend meetings at 4D Recovery in Oregon.

And Adrian Burriss, now our WA State Recovery Services Director, was raised in Vancouver too. After facing arrest in Clark County, he eventually found recovery and a future through 4D.

Another powerful influence behind our expansion was the late Nick Smit—one of 4D's founding sponsors, a major donor, mentor, and dear friend. As the General Manager of Gresham Subaru, Nick was instrumental in making Subaru 4D's longest-standing corporate sponsor—a partnership that continues today. Before he passed, Nick shared his dream with Tony: for 4D to expand into Vancouver.

In honor of his legacy, his leadership, and the countless lives he touched, we launched this initiative and named our main fundraising event after him—the Nick Smit Legacy Golf Tournament. Each year, friends and family of Nick come together to support this cause, and this year, we were proud to tell our golfers: because of your continued support, we finally opened our doors in Vancouver.



YOUNG ADULT PEER SERVICE OUTCOMES

CLIENTS SERVED **1062**

AVE. DAYS SOBER **117**

CLIENTS CELEBRATED
1 YEAR OF RECOVERY **133**

HOURS OF
ENGAGEMENT **18,240**

RECONNECTED
WITH CHILDREN **19%**

IMPROVED
EDUCATION **16.5%**

IMPROVED
EMPLOYMENT **31.2%**

IMPROVED THEIR
HOUSING **42.7%**





ADOLESCENT PEER SERVICES OUTCOMES

74 CLIENTS SERVED

126 AVE. DAYS SOBER

10 TEENS COMPLETED
TREATMENT

3930 HOURS OF
ENGAGEMENT

75.7% IMPROVED FAMILY
RELATIONS

86.5% IMPROVED
EDUCATION

14.9% GOT/WORKING
ON LICENSE

17.6% IMPROVED THEIR
HOUSING

4D'S FIRST CAPITAL CAMPAIGN

Adolescent & Family Recovery Campus

4D Recovery began with a simple but powerful idea: that young people deserve recovery spaces designed specifically for them. What started as a single drop-in center has grown into 5 recovery centers with peer programs, treatment services, and housing—serving over 1000 young adults across Oregon and Southwest Washington per year.

For over a decade, our primary focus has been young adult services. But throughout those years, we've received countless calls from parents—desperate for help for their teens and unsure where to turn. The truth is, *adolescent recovery options are almost nonexistent in our state.*

After hearing the same heartbreak from families over and over again, we knew it was time to pivot. We're now setting our sights on the next frontier: **building Oregon's first Adolescent & Family Recovery Campus**—a place where healing begins earlier, families are included, and care is tailored to the unique needs of youth.





Why This matters.

The Reality of Oregon

- Oregon ranks among the highest for youth substance use.
- Few treatment options exist for adolescents.
- No single campus offers detox, treatment & peer support.
- Families struggle to find care.
- Families face long waitlists and fragmented care.



"Finding help for my son felt nearly impossible. Families like ours are desperate for support."

— Parent of a 4D Youth Participant

4D Recovery plans to change this.

WAYS TO GIVE

- ★ Scan the QR Code to give online instantly
- ★ Set up a recurring monthly gift — scan the QR to get started
- ★ Mail a check to:
4D Recovery
11010 SE Division Street, #200,
Portland, OR 97266
- ★ Make a larger gift as a one-time or multi-year pledge
- ★ Give through a Donor Advised Fund- we are listed under:
The 4th Dimension Recovery Center





On July 9th 2025, 25 youth in recovery gathered at 4D's Youth Outpatient building—not for a typical session, but to create something lasting.

With water balloons and paint-filled balloons in hand, they splashed color, laughter, and a little chaos onto a blank wall. Together with Portland muralist Ursula Barton, they designed a powerful image: four teens, backlit by stars, walking hand in hand into a bright future. Mushrooms rise from a fallen log, symbolizing transformation, while the galaxy stretches above them, carrying the words they insisted on: "Teens do recover."

This mural is more than art—it's a declaration. Given space to express and lead, these young people showed the world that recovery is not only possible—it's theirs to define.





THANK YOU TO OUR ANNUAL SUPPORTERS

4D Recovery's growth and impact are made possible through the unwavering support of our community. Together, we are expanding access to recovery—now reaching adolescents and families, offering clinical treatment, increasing recovery housing options, and extending services into Southwest Washington. Every contribution helps break down barriers to care and empowers young people to build healthy, fulfilling lives in recovery. Thank you for standing with us as we continue to grow and advance recovery for all.

SUPPORTERS

A

Adrift Hospitality
Aepfelbacher, Lisa
Aldrich, Dean
Aldridge, Bill
Aldridge, Denise
Aleo, Samantha
American Endowment
Foundation
Ameriprise Financial
Anderson, Drew
Another Chance
Antosh, Travis
Armstrong, Allyson
Arthur, Michael
Atlas Treatment Center
Aurit, Angela
Ayala, Joan

B

Back Swing Golf Events, Inc
Barket, Laura
Benevity
Berry, Benjamin Austin
Bethell, Danielle
Bippes, Jon
Biskup, Stefan
Blackman, Jaqueline
BlownPDX
Bogdanov, Ana
Bonham, Kat
Bonham, Luke
Bonnheim, William
Bounds, Dan
Bridge City Tech
Bridgetown Files
Brinson, Glen

Browning, Steve
Browning, Susan
Brunswick, Kurt
Bullwinkles Family Fun Center
Burnham, Van
Burris, Adrian
Burris, Sonny

C

Cade, Marissa
Cade, Michael
Care Oregon
Central City Concern
Charities Aid Foundation
America
Charles Schwab
Charlie Health
Chown, Judy
Cielo Treatment Center

SUPPORTERS

Clackamas County BH
Clemons, Don
Collins, Chris
Combs, Brian
Combs, Scott
Comfort Tech Heating & Air
Community Living Above
Confederate Tribes of Grand
Ronde
Cook, Michael
Corey, Faye
Coshow, Mr. & Mrs. James
Craig, Miles
Crapser, Nicholas
Culp, Gary
Cunningham, Dennis

D

Day, Jennifer
DeLucia, Mark
Demer, Pamela
Design+Build Workspace
Dewitz, Peter
Diamond, Nicholas
Dobson, Jesse
Doepel, Kent
Dolan, Stephanie
Dreyer, Jeff
Duc, Tina
Dursi Martin, Sharon
Dutro, Cheryl
Dutro, Donald
Dyson, Cyn

E

Eddy, Wendy
Edwards, Sara
Elder, Kim
England, Stacy
Epstein, Jon
Essary, Brenda
Evolution Healthcare & Fitness

F

Feldes, Deena
Ferneau, Sara
Fidelity Charitable
Fora Health
Foreman, Kevin
Forsell, Abigail
Foster, David
Frice, Michael
Frice, Raechel
Friedel, Sarah

G

Goldman, Thomas
Gonzalez, Mitch
Grade, Andrew
Gray, Aly
Greiner, Tony
Gresham Subaru
Guild, Debbie
Guild, DJ
Guzlow, Jennifer

H

Haber, Gabrielle
Hamm, Brandon
Hardy, Kiara
Harmon, Stefanie
Harmony Academy
Harold & Arlene Schnitzer Care
Harris, Steve
Health Share of Oregon
Heard, Aaron
Helm, Diana
Hood, Andrea
Hough, Roger
Hunsaker, Naomi
Hunt & Gather Catering

I

Inkeles, Stephan
Ireland-Esquivel, Camille

J

Jimenez, Cassandra

K

Kaiser Permanente
Kanhlikham, Madora
Kern, Karen
King, Brandon
King, David
Kipp, Jessica
Kirk, Patricia
Knight, Cary
Knorr, Birgit
Knudson, Monta
Kroger Co. Family of Stores

L

Lair, Josh
Larson, Meg
Laughing Planet
Law Garden
LeBlanc, Molly
Leckron-Meyers, Terry
Lerman Freeman, Esther
Levy, Jack
Levy, Jeffa
Lewis, Hannah
Lietz, Jodi
Lifeline Connections
Lillard, Sandra
Link, Theresa
Livingston, Cat
Llanos, Shannon
Lloyd Taylor Group
Loeks, Jodie

M

Macadam Forbes
Macdonald, Eric
Magionos, Mark
Mallozzi, Rob
Manning, Carol

SUPPORTERS

Marciniak, Michael
Martz, Kitty
McAbee, Mary
McCaffery, David
McCarthy, Michael
McEvoy, Meggan
McMullen, Tianna
Medulla LLC
Melcher, Molly
Mertes, Julie
Miller, Nick
Mimosa Studios
Miracles Club
Mirasol, Heather
Miskey, John
Moyer, Megan
Multicultural Consultants
Murray, Jerrod

N

Nelson, Dawn
Nicholson, Todd
Nissen, Andrew
Norte, Erin
Nutter, Renee

O

Oregon Community
Foundation
Oregon Health Authority
Oregon Recovers
Orlando, Shannon

P

Padmala, Anurudh
Painted Horse Recovery
Pallister, Kim
Paul, Sam
PayPal Giving Fund
Pearce, Graham
Pearce, Pamela
Pearsall, Crystal
Pearson, Jill

Phillips, Brooke
Pop Local
Portland Center Stage
Povolny, Mark
Pratt, Jake
Preminger, Max
Prestige NW
Pristine Greening
Progressive Insurance
Project Homeless Connect

R

Radke, Lydia
Ready Set Pose
Recovery Works NW
Restored Connections
Rimefire LLC
Rise, Tyler
Rivers, John
Robbins, Traci
Roberts, Alex
Roccaro, Chrisse
Rogers, Kirstan
Rose, Courday
Rotbart, Dustin
Russell, Kelly

S

Saban, April
Schram, Betty
Scott Ski Motor Co.
Seger, Max
Seppala, Linda
Seppala, Marv
Sherman, Stephanie
Sherry, Chris
Shumate, Kathy
Siegel, Allan
Silver, Dale
Simantel, Mjere
Simpson, Drew
Six, Jeremy

Skeggs, Pete
Sloane, Stephannie
Smit, Nick
Sosa, John
Sprague, Katie
Steele, Lisa
Stewart, Lee
Stone, Natalie
Stringfellow, Kelly

T

Taylor Metal, Inc
The Giving Back Fund, Inc.
Transcending Hope
Trillium Coffee

U

United Health Care
Upper Left Roasters

V

Vezina, Rachel
Vezina, Tony
Vladimirsky, Maggie Ann

W

Wagner, Sean
Wake, Brittany
Wakkila, Wynne
Washington County
Watson, Wendy
Weber, Dave
Weber, Linda
West, Ben
Westover Charitable Fund
White, Gwen
Wikel, Jim
Wilson, Pat

Y

Yung, Glen

SUPPORTERS

We are deeply grateful for each of our supporters and make every effort to ensure all gifts are accurately acknowledged. If you notice an omission or error, please get in touch with Elton Frice at elton.frice@4drecovery.org or 503-708-5463, so we can correct the record and properly recognize your contribution in the future.

FINANCIALS

FY 2023-2024

Revenue

Government Grants :	\$12,765,019.00
Foundation Grants :	\$145,825.00
Contributions :	\$76,532.00
Fundraising Events :	\$155,729.00
Interest Income :	\$13,714.00
Other Income :	\$179,860.00

Total Revenue: \$13,336,679.00

Expenses

Programming (86.1%) :	\$11,549,079.00
Fundraising (3.4%) :	\$449,505.00
Administrative (10.5%) :	\$1,413,095.00

Total Expenses: \$13,411,679.00



Net Income: -\$75,000.00

*We were responsible for managing \$5,582,445.00 in revenue from three other organizations included in the financials.

4D Recovery is deeply grateful for the ongoing generosity of our supporters, whose commitment makes it possible for us to relentlessly pursue our mission. The addiction and overdose crisis affecting our communities demands a coordinated, system-wide response. 4D is proud to play a vital role in that effort—uniting youth, families, partners, and stakeholders to create lasting change and expand access to recovery for all.