



4TH DIMENSION RECOVERY CENTER

✦ ACTION ✦ COMMUNITY ✦ KNOWLEDGE ✦ EMPOWERMENT

Recovery Meeting Schedule

11PM EVERY DAY: NIGHT OWLS (AA)

MONDAY	TUESDAY
5:30PM: IOVE WINS (NA, LGTBQ & POC)	7:00PM CLEVELAND GROUP(AA, MENS)
7:30PM: BOY'S NIGHT OUT (AA, MENS)	

WEDNESDAY	THURSDAY
6:00PM: SOUNDS OF RECOVERY (ART BASED GROUP)	8:00PM: LAVA LAMP LADIES (AA, WOMENS)
8:00PM: SALTY BUNCH (AA)	

FRIDAY	SATURDAY
8PM: FRIDAY NIGHT YOUNG PEOPLE (AA)	9:30AM: REFUGE RECOVERY (BUDDHIST BASED)
	6:30PM HEROIN ANONYMOUS (HA)

SUNDAY
12PM: SISTERS WITH A SOLUTION (NA, WOMENS)
6-8PM: OSYPAA (YOUNG PEOPLE AA ORGANIZING MEETING)

