

4th Dimension Recovery Center

Jan-Nov, 2017

4D serves over 600 unique individuals per month, providing a safe atmosphere for 12-step meetings, fellowship, recovery events/activities, and peer mentor services.

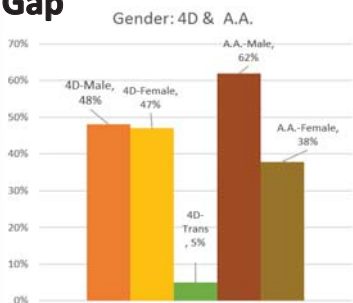
QuickStats

4D is a "Community Center" serving those recovering from addiction!

Closing the Gender Gap

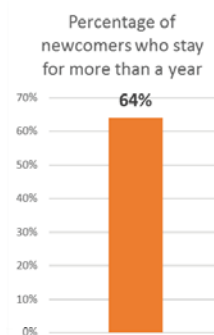
4D is 48% male, 47% female and 5% trans/non-conforming.

The 2017 A.A. Membership Survey reveals that A.A. members are 62% men and 38% women.

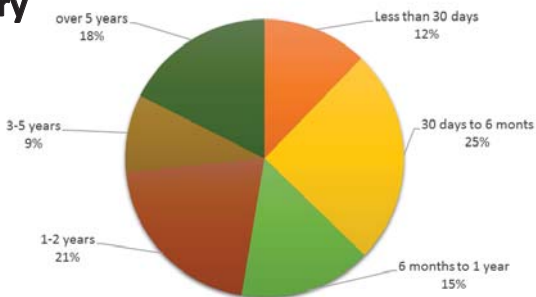


Retention Rate

How many people, who come to 4D, keep coming to 4D? 64% of people who come to 4D end up staying over a year. The nationwide 1-year+ retention rate for 12-step programs is about 33% (NESARC, 1992, 2002). The retention and completion rate for addiction treatment centers in Oregon, is about 57% (TEDS, 2006-2011).

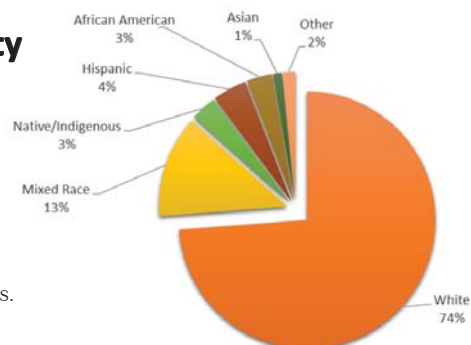


Recovery Time



Race/Ethnicity

Portland is 76.1% white, while 4D is 74% white. 4D's most under-represented ethnic racial groups are African Americans, and Hispanic/Latinos.



Why do you come to 4D?

88.1%: "12-step meetings and activities"
63.6%: "Social/recreational activities"
24.2%: "Peer mentor services"

Mentorship:

129: Mentor clients served Jan-Nov 2017
52%: of mentor clients obtained employment.
55%: obtained housing.
Peer Mentor clients average 6 months clean & sober.

Over 600 individuals come to 4D every month:

96.4%: report that they feel "welcomed" at 4D.
30%: of youth travel over 10 miles to come to 4D.
64%: report heroin/opioids as past drug of choice.

Age

29%: 18-25 years
52%: 26-35 years
19%: 36+

How often do you come to 4D?

43%: Weekly to daily
17%: Few times a month
19%: Once a month
21%: Occasionally

Health Insurance

12%: None
62%: Medicaid
25%: Pvt Insurance
1%: V.A.

